



ZOE
ANIMAL YOGA®



ZOÉ ANIMAL YOGA®

ZOE a.s.d.

INTERNATIONAL YOGA SCHOOL





The first training school

official and independent founded in **South of Italy**

recognised and authorized by **Yoga Alliance©**

inspired by the **Tantra of Shivaism of Kashmir not dualistic**

HIGH SPECIALIZATION

EXPERIENTIAL DIDACTICS

scientific-philosophical-anthropological-psychological

more than 60

**students trained
from all over the world**

USA ITALY

ICELAND SPAIN

PUERTO RICO FRANCE

ARGENTINA SWITZERLAND

CANADA AUSTRIA

BRAZIL ENGLAND

BANGLADESH IRELAND

SINGAPORE DENMARK

MALAYSIA POLAND

SOUTH KOREA BULGARIA

AUSTRALIA CYPRUS

CHILE NORWAY

SUP YOGA

TEACHER TRAINING

20h





SCHEDULE*

*may be subject changes according to educational needs and weather

5 DAYS

Day 1	Day 2	Day 3	Day 4	Day 5
16.00 - 18.30	10.00 - 12.30	10.00 - 12.30	10.00 - 12.30	10.00 - 12.30
	16.00 - 18.30	16.00 - 18.30	16.00 - 18.30	

DIDACTIC ACTIVITIES

padding
sup yoga
theory&practice
body training
excursions

YOGA ALLIANCE CERTIFICATION

ENRICO DE LUCA AND ZOE ASD ARE OFFICIALLY REGISTERED AND AUTHORIZED BY
YOGA ALLIANCE © AS:

E-RYT 500 (EXPERIENCED REGISTERED YOGA TEACHER)
RYS 200 (REGISTERED YOGA SCHOOL)
AND AS YACEP® (CONTINUING EDUCATION PROVIDER)

**BY PASSING THE PRACTICE EXAM THIS COURSE GIVES ACCESS TO THE
QUALIFICATION:
SUP YOGA 20H OF CONTINUOUS EDUCATION PROGRAM YACEP®**

COST

650€

TRAINING

CERTIFICATION

STAND UP PADDLE BOARD

STANDARD USE:

during the activities of the training

750€

TRAINING

CERTIFICATION

STAND UP PADDLE BOARD

EXTRA USE:

without limits*

*

with this option sup board is available all day until sunset.
Please be aware that you have the responsibility for any damage





ZOEANIMALYOGA.COM

ZOE@ZOEANIMALYOGA.COM

+39 3802542544